## JERSEY SHORE AREA SCHOOL DISTRICT

SECTION: PROGRAMS

TITLE: CONCUSSION MANAGEMENT

ADOPTED: July 23, 2012

**REVISED:** 

## 123.1 CONCUSSION MANAGEMENT

1. Purpose

The Board recognizes the importance of ensuring the safety of students participating in the district's athletic programs. This policy has been developed to provide guidance for prevention, detection and treatment of concussions sustained by students while participating in an athletic activity.

2. Definitions 24 P.S. Sec. 5322

## **Appropriate medical professional** shall mean all of the following:

- 1. A licensed physician who is trained in the evaluation and management of concussions.
- 2. A licensed or certified health care professional trained in the evaluation and management of concussions and designated by a licensed physician trained in the evaluation and management of concussions.
- A licensed psychologist neuropsychologically trained in the evaluation and management of concussions or who has postdoctoral training in neuropsychology and specific training in the evaluation and management of concussions.

24 P.S. Sec 5322 Pol. 123 **Athletic activity** shall mean all of the following:

1. Interscholastic athletics.

Pol. 122

2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the school, including cheerleading, clubsponsored sports activities and sports activities sponsored by school-affiliated organizations.

Pol. 122

3. Noncompetitive cheerleading that is sponsored by or associated with the school.

Pol. 122, 123	4. Practices, interschool practices and scrimmages for all athletic activities.
3. Delegation of Responsibility 24 P.S. Sec 5323	Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the Concussion and Traumatic Brain Injury Information Sheet.  The Superintendent of designee shall develop administrative regulations to implement this policy, which shall include protocols for concussion management.
4. Guidelines	The school <b>may</b> hold an informational meeting prior to the start of each athletic season for all competitors regarding concussions and other head injuries, the importance of proper concussion management, and how preseason baseline assessments can aid in the evaluation, management and recovery process. In addition to the student athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, neuropsychologists, athletic trainers and physical therapists.
	Removal From Play
24 P.S. Sec. 5323	A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, licensed physical therapist or other official designated by the district, exhibits signs or symptoms of a concussion or traumatic brain injury while participating in an athletic activity shall be removed by the coach from participation at that time.
	Return to Play
24 P.S. Sec. 5323	The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by an appropriate medical professional. The Board may designate a specific appropriate medical professional(s) to provide written clearance for return to participation.
	Training
24 P.S. Sec 5323	All coaches shall annually, prior to coaching an athletic activity, complete a concussion management certification training course offered by the Centers for Disease Control and Prevention, the National Federation of State High School Associations or another provider approved by the Department of Health.
	<u>Penalties</u>
24 P.S. Sec 5323	A coach found in violation of the provision of this policy related to removal from play and return to play shall be subject to the following penalties:

## 123.1. CONCUSSION MANAGEMENT - Pg. 3

- 1. For the **first** violation, suspension from coaching any athletic activity for the remainder of the season.
- 2. For a **second** violation, suspension from coaching any athletic activity for the remainder of the season and for the next season.
- 3. For a **third** violation, permanent suspension from coaching any athletic activity.

References:

Safety In Youth Sports Act – 24 P.S. Sec. 5321 et seq.

Board Policy – 122, 123