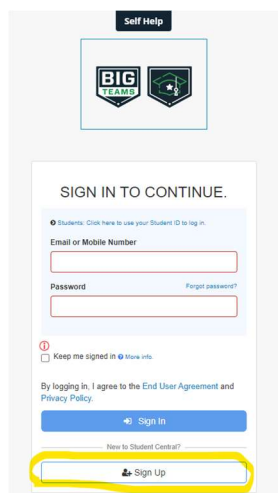


**Click Sign up:** Both a parent and student are required to create separate accounts. Each account must have a unique email or mobile phone number.

## Students must use their jsasd.org email



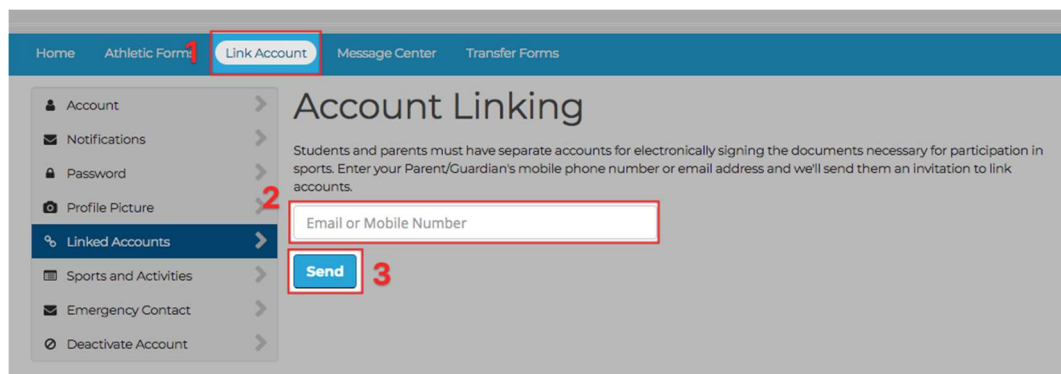
## 1. Create Accounts

Both a parent and student are required to create separate accounts. Each account must have a unique email or mobile phone number.

- Both a parent and student are required to create separate accounts.
  - Each account must have a unique email or mobile phone number
  - Student accounts must use their jsasd.org email.
- Step 4 - Home School selection – All accounts select the same school.
  - **Jersey Shore Area High School (JERSEY SHORE, PA)**

## 2. Link Parent & Student Accounts

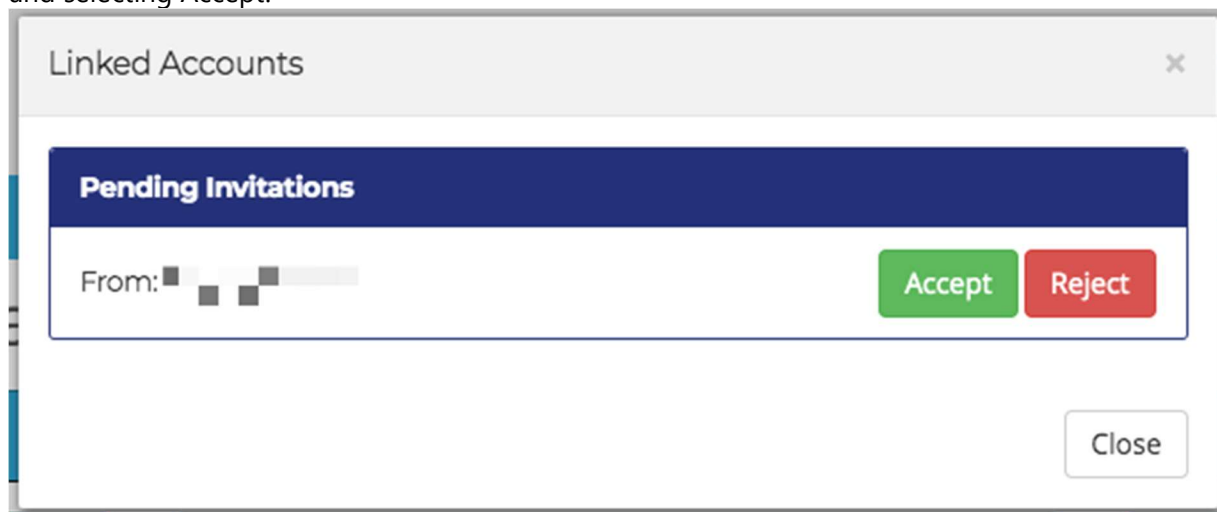
Once logged in, you will be prompted to link the parent and student account. Enter the email address or mobile # to send an invitation to the parent/student. You can also link an account by navigating to the Link Accounts section in the top navigation bar. Enter the corresponding mobile number or email and click Send.



Once the related parent/student's phone number/email is submitted, they will receive a link via email/text message to finish the linking process.

The parent/student can also link accounts by logging into [planeths.com](https://planeths.com), and then click Link Account in the blue navigation bar.

The invited person can also login and accept the link request by clicking on the Link Account Button and selecting Accept.



- **Why do I have to link accounts?** Forms required by your school, often require both a parent and student signature to mark the form as completed. For the system to know what student and parent will be viewing and signing the proper forms, a linked parent/student account is required.

### 3. Athletic Forms

Click the Athletic Forms button to move to the Pre-Participation Forms Overview Page and complete the required digital forms.



### 4. Add Sports

In the Sports Interest section, check the sports you will be trying out for. Coaches assigned to the selected sports will be able to view all related completed forms.

[Home](#)
[Athletic Forms](#)
[Link Account](#)
[Message Center](#)
[Transfer Forms](#)

# Athletic Pre-Participation

Student at **Grad Year: 2021**
 High School **Gender: female**
 Date Of Birth: **10/01/2002**

Parent/Guardian: 
 Email:

Example forms, click here

The Athletic Pre-Participation section is where you manage and complete the required forms enabling you to participate.

**What do I need to do to complete the online forms?**

Reviewing Forms for the below School Year:

Filter View: **2019 - 2020**

## Profile Requirements

The below profile requirements are required in order to complete the Pre-Participation Process.

**Email Address/Mobile Phone Provided:** Complete   
**Parent Account Linked:** Complete

### Sports of Interest

Select the sports you wish to participate in this school year.

<input type="checkbox"/> Baseball	<input checked="" type="checkbox"/> Basketball
<input checked="" type="checkbox"/> Football	<input checked="" type="checkbox"/> Lacrosse
<input checked="" type="checkbox"/> Soccer	<input type="checkbox"/> Wrestling

## 5. Add Additional Schools (if applicable)

Leave this section blank.

## 6. Complete & Sign Digital Forms

Click on each form name to open the form.

Reviewing Forms for the below School Year:

Filter View: **2019 - 2020**

## Profile Requirements

The below profile requirements are required in order to complete the Pre-Participation Process.

**Email Address/Mobile Phone Provided:** Complete   
**Parent Account Linked:** Complete

### Sports of Interest

Select the sports you wish to participate in this school year.

<input type="checkbox"/> Baseball	<input checked="" type="checkbox"/> Basketball
<input checked="" type="checkbox"/> Football	<input checked="" type="checkbox"/> Lacrosse
<input checked="" type="checkbox"/> Soccer	<input type="checkbox"/> Wrestling

Completion of These Forms is Required of Each Student

The forms below must be completed by both the student and a parent or legal guardian. Only after the Sports Director has reviewed and approved the completed forms will the student be allowed to participate in team activities.

Status Legend

**Awaiting Student Signature:** The student needs to log into their account to review and sign the form  
**Awaiting Parent Signature:** The parent needs to log into their account to review and sign the form  
**Pending Staff Approval:** The form is now waiting for the Sports Director at your school to review and approve the form  
**Declined:** Staff has Declined the form  
**Complete:** This form has been approved by the Sports Director at your school

**CHSAA Physical History Form** Incomplete  
**CHSAA Physical Evaluation Form** Incomplete  
**CHSAA Parent Permit for Athletic Participation** Incomplete  
**CHSAA Bylaws Parent & Student Information** Incomplete  
**Sample Warning to Students and Parents** Incomplete

Then complete all required fields. Required fields are noted with a red asterisk ( \* ).

## Physical History Form

*Items marked with an asterisk (\*) are required.*

\*\* To view a PDF in your browser, install/enable a PDF Reader extension/plugin.

### Form Requirement(s)

- Student Athlete Signature Required.
- Parent Signature Required.

### Print / Upload Here

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exam

\* Name

\* Date of Birth

\* Sex

\* Age

\* Grade

Once complete, be sure to click the Sign & Submit button at the bottom of each form. Both the parent and student must complete this step.

Your school/district chooses which forms require the student, parent, or student AND parent signatures. Upon completion of each form, you should be auto promoted to the next form. Students with accounts may begin completing digital forms immediately. Parents must be linked to a student account to see the electronic version of the forms. If they are not linked, they will only see example PDF versions of the forms. You can complete forms or see their status at any time by clicking on the ATHLETIC FORMS button. This gives the ability for students to send a parent linked account request and to upload the physical exam signed by the physician during group physicals.

Upload Buttons are shown when you are required to upload a document instead of completing the web-form. For example, the physical exam CIPPE Section 7 form your physician completes. These forms can be uploaded by either the parent or student but require the parent's signature. **Make sure when uploading the date and physician's signature can be seen.**

## 7. Accepted Forms

You will receive a notification via email and/or text message (if enabled) if your forms have been accepted AND if they have not been accepted by your school. Should a form be rejected by your school, the notification will state the reason and a link to review and resubmit your form changes.

If you have questions regarding the content of form requirements, please contact your school Athletic Director. If you need technical assistance, please email: [support@bigteams.com](mailto:support@bigteams.com)