



Dear Families,

My name is Mrs. Patterson and I'm the Elementary School Counselor for the Jersey Shore Area School District elementary schools. These are a few ways I help students at school:

Classroom Guidance:

During the school year, I visit classrooms for lessons on stranger safety, internet safety, career interest exploration, cyber-bullying and teacher requested topics.

Small Support Groups:

Small support groups of six to eight students occur as needed on a variety of topics (family changes, grief, friendship). Participation is voluntary and PARENT PERMISSION IS REQUIRED.

Individual Counseling:

Short-term individual counseling (1-2 sessions) is available for every student at the elementary schools. Parents, teachers, and administration can refer students, but students are encouraged to visit on their own when needed to discuss troubles with academics, classmates, parental divorce/separation, or the death of a loved one.

In addition, if you have a particular concern about your child, I welcome the opportunity to talk with you. Please contact me at [jpatterson@jsasd.org](mailto:jpatterson@jsasd.org), 570-398-7120 ext. 4117.

Sincerely,  
Mrs. Patterson  
Elementary School Counselor

